RICHMOND
OCT 13 1938
PUBLIC LIBRARY

Richmond Public Library
4th and Nevin (2 papers)

"First, last, all the time, for Richmond . . . "Industry's Western Goal." A fine place to live.

RICHMOND PROGRESS

"The Friendly Newspaper That Dares to Tell The Truth"

Democratic, a Newspaper that stands solidly behind President Roosevelt and the New Deal

SIXTH YEAR | Richmond, California, Monday, October 10th 1938 | NUMBER THIRTY-FIVE

Democratic Committee Organizes Campaign

PAST COMMANDERS NIGHT AT THE LEGION

Thursday night, October 13th, will be Past Commander's Night at the Richmond Post No. 10, American Legion. A fine program of music, vaudeville and boxing has been arranged and all war veterans are invited to come out and have a good time. Refreshments will be served after the meeting.

Past Commanders of Richmond Post are: Al Browning; Lambert Wierda, Rev. Paul Little; Thos. M. Carlson; the late W. A. Vickery; Geo. S. Tandy; R. S. Crose; T. A. Brady; Chas. W. W. St. John; Dr. L. R. Sears; Harry R. Burt; the late Jas. T. Narbett; Daniel M. (Hap) Bradley; Lloyd Spires; J. Earl Davis; John B. Kinstrey; Earl W. Wiles; and Carl Stender. Ed Heltzen is the present commander.

Burt is chairman of this year's meeting.

Mr. and Mrs. G. W. Thompson of 230 Castro street attended the archery tournament held at Modesto last week.

Next week we will analyze the city employe's pension measure. We are in favor of it.

PROCLAMATION

In spite of the fact that great efforts are continually given to lengthen the span of life, to conserve our material possessions the nation's annual loss in life and property due to fire continues to surpass that of any other country. It is reported that ten thousand lives and property valued at three hundred million dollars, were lost in fires in 1937. If this appalling waste is to be diminished, special efforts must be made to bring about a spirit of much greater carefulness.

THEREFORE, I, O. R. Ludewig, Mayor of the City of Richmond, do proclaim the week of October 9th to 15th inclusive, the sixty-seventh anniversary of the great Chicago fire, as FIRE PREVENTION WEEK, and urge that it be observed in an appropriate and effective manner, by carrying on suitable ceremonies and instruction in our schools, homes, and industrial establishments.

O. R. LUDEWIG
Mayor of Richmond

K. of C. Celebrates

Big night of the year for the Knights of Columbus is, of course, the meeting preceding Columbus Day, October 12th.

Tonight at the meeting of Contra Costa Council, the local knights enjoyed a fine meeting, a feature of which was a masterful address by Clifford C. Anglim.

Charles Ryan is Grand Knight and had arranged for refreshments after the meeting.

Conventioneers Return

Interesting reports on their return from their respective conventions were read at city council meeting by Police Chief Jones (San Diego); Fire Chief Cooper (Salt Lake City and New Orleans and Bldg. Inspector Art Hurley (Reno). Looks like everybody went somewhere 'cept Manager McVittie and Engineer Hoffman.

Mrs. I. D. Owens had as her house guests the past week, Mrs. David Owens and small daughter Nancy, at her home on Nicholl avenue. David Owens was reared at the Point and his family are always greeted with enthusiasm whenever they spend a few days with us. Their home in in Klamath Falls, Oregon.

SCULPTURES PORTOLA EXPEDITION FOR EXPOSITION

Announced today by the California State Commission are details of the huge diorama of the Portola Expedition of 1769, to be placed in one of the auditoriums of the State Building on Treasure Island. Designed by Jo Mora, internationally famed artist-sculptor, shown above, the diorama—100 feet in length, probably the largest ever constructed—will depict the hazardous overland march, over an unexplored terrain, of Governor Portola, Friar Crespi and 62 other men, with their pack train of 204 animals. Suffering severe hardships, the expedition eventually reached Monterey Bay and San Francisco Bay, writing one of the first chapters of the inaugural era of the State. Constructed of 14 sections, the diorama will be easily demountable, available for educational purposes after the close of the Fair.

Contra Costa County Will Do Our Part In November Victory

To the average onlooker, perhaps, it may appear that this 1938 campaign is a very quiet one. And, on the surface, it is. But never before has the fundamental work of precinct and district organization been thoroughly done. We confidently predict that this year will see the largest vote ever polled in California.

The result, it would appear to the writer, is a foregone conclusion: Senator Culbert L. Olson will be elected our next governor, while Sheridan Downey is our next United States Senator. Ellis Patterson will be lieutenant governor; and Assemblyman Harold F. Sawallisch will be re-elected with a thumping majority. How can it be otherwise, when the Democratic party of which they are the standard-bearers, exceeds in registration almost 2-to-1 over the state, thetotal number of Republicans?

A Quiet Campaign

Some of the Republicans, in order to keep up their courage, like whistling in front of a cemetery, try to envisage a Democratic defeat such as happened in '34 but that does not make much sense. All will remember how, four years ago, the metropolitan newspapers were filled with gobs of propaganda trying to link up Upton Sinclair with "Moscow" while Governor Merriam, the boy wonder auditor from Iowa, who we understand got careless with his figures back there and decided to come to California—here he was draped about with the good old Star Spangled Banner.

1934 vs. 1938 Elections

One doesn't see such ads. this year. Why? Well, let's hope the Republicans keep on with their evident belief that a quiet campaign is what they want. Certainly suits us Democrats. For let no one be misled: Democrats are not registering that way in droves just to vote for Republicans like Merriam or Beneccft. Now THERE is a candidate, what say? He's Anti-this and Anti-that—the Champion "Anti" of all time. In fact he's so much anti-Labor and anti-Roosevelt and anti-New Deal, we really feel he is "anti" practically all of the voters in California, which he is to find out on November 8th when Sheridan Downey will snow him under with a majority that will approximate 500,000 votes.

Olson Will Win

Senator Olson, we predict will win over Governor Merriam by 300,000 votes and while Patterson's race will be closer, he will win quite easily.

Assemblyman Sawallisch, we feel, will have a majority of upwards of 5,000 votes.

County Committee Cooperates

One very good thing has developed out of this campaign—the county committee is working constructively and with complete accord amongst all the members who are united in support of the County Chairman John L. Garaventa of Concord to perfect a real precinct organization in all of the 176 precincts of Contra Costa County. Chairman Garaventa will announce his committee appointments shortly.

Democratic Rally Monday

On next Monday night at Memorial Hall in Richmond, the Richmond Democratic Club No. 1 will hold a rally for all Democratic candidates to which the general public is invited.

RE-ELECT

HAROLD F.

SAWALLISCH

ASSEMBLYMAN
CONTRA COSTA COUNTY

A practicing attorney in Richmond, who grew up in this county, and who, as a day laborer, worked his way through night law school, receiving his degree.

Co-author Old Age Security Act. Leader of fight to eliminate bridge tolls. Chairman, Assembly Interim Committee on Motor Vehicles. Member, California Commission on Inter-Governmental Cooperation. Member State and Contra Costa County Bar Associations.

KEEP YOUR FRIEND IN THE ASSEMBLY

Your Support and Vote Will Be Deeply Appreciated.

★★★★

Weekly News Review

California Tries Another Pension Plan This Year

by Joseph W. La Bine

Politics

Choicest haven for U. S. old people is sunny California, which annually beckons retiring farmers who want escape from midwestern winters. Before Depression, many farmers leased or sold their homesteads and went to California expecting to enjoy old age on this income. Not expected were drouth and low prices which wiped out this revenue, making California a paradox in whose Utopian climate men were going hungry.

Since Utopian climates may produce Utopian ideas, 1934 found Upton Sinclair barely missing gubernatorial election with an elaborate pension plan called EPIC (End Poverty in California). Later came Dr. Francis E. Townsend whose old age revolving pension of $200 a month went into eclipse last year when business got better, has since come back with new vigor.

Townsendism's chief onetime supporter was 54-year-old Sheridan Downey, who wrote a book called "Why I Believe in the Townsend Plan." But a month ago Sheridan Downey won Democratic senatorial nomination on a new plan that gives

SHERIDAN DOWNEY
The implications are terrific.

California's orthodox financiers a bad case of jitters, that has far greater implications than either EPIC or Townsendism.

The Man: Soft-voiced Sheridan Downey attended the University of Wyoming, entered politics at 24 by winning the county attorneyship at Laramie while his wife worked for women's suffrage. Now living in San Francisco's exclusive, suburban Atherton, Pensioneer Downey garnered enough votes to beat Sen. William Gibbs McAdoo in the primary last month.

The Plan: "$30-every-Thursday" springs from a seed transplanted last year from far-away Austria. Original sponsor was one Robert Noble, whose radio lectures urged $25 every Monday for each Californian over 50. Later sponsor was Hollywood Attorney Lawrence Allen who changed payday from Monday to Thursday, boosted payments from $25 to $30. To each, every Thursday, would go 30 state warrants valued at $1 apiece. On the back of each warrant would be spaces for 52 two-cent state stamps to be purchased in cash. Once each week, Californians would dig out all warrants in their possession, affixing a stamp to each. Thus at year's end each warrant would have $1.04 in two-cent stamps, would be traded by the state for $1 in cash. Extra four cents would cover costs.

Though "$30 - every - Thursday" dares not infringe on the U. S. right to coin money, pension warrants would nevertheless be valid for intra-state taxes and debts (except gasoline tax and pension stamps). Private business need not accept warrants, but 50 per cent of all state purchases must be paid with them.

Biggest stumbling block is that pension warrants would largely eliminate California's use of U. S. legal tender, yet the state must dig up about $690,000,000 in Uncle Sam's cash on January 1, 1940, to redeem warrants which would be issued next year to at least 500,000 pensioneers. To make matters worse, 1939's state revenue from stamp sales would be only $322,750,000, since only a small part of the year's warrants will be completely stamped. Example: A warrant issued the last Thursday in 1939 would carry only two cents in stamps at year's end.

But this technicality does not worry the 800,000 signers on whose petition California will decide next November. Required are 1,300,000 votes, since a majority ballot gives approval. Automatically, Pensioneer Roy G. Owens of Los Angeles would be named administrator at $7,800 a year (payable in warrants). Probable immediate result of easy money would be rising prices and inflation, a possibility the amendment would solve by increasing pensions. Where such a vicious circle might end, pension opponents are trying to figure out.

By last week, as California politicians were arguing hotly over "$30-every-Thursday," the idea began spreading throughout the U. S. In Ohio, where two rival groups planned to introduce an initiative petition in November's election, chief battle was whether $30 shall be paid on Wednesday or Thursday.

Foreign

Since he became German chancellor in 1933, Adolf Hitler has held an unknown quantity in his mailed fist, has scared the world with threats that may only be bluffs. A master of psychology, he renounced Versailles when France and Britain were worried about Italy's invasion of Ethiopia. In 1936 his Rhineland coup was staged under similar circumstances. By last spring, when he marched into Austria, the bluff had been so successful that none arose to challenge him.

But two months ago when Reichsfuehrer Hitler began bluffing his way into annexation of Czechoslovakia's Sudeten frontierland, Britain and France were ready to bluff in turn. Franco-British bluff was a promise to defend Czechoslovakia. Germany's return bluff was defiance, delivered at September's Nazi congress in Nuremberg. Then, weary of whistling to keep up their courage, Paris and London offered peace via capitulation. Terms: (1) Berlin's annexation of Sudeten areas 75 per cent German; (2) plebiscite in Sudeten areas from 50 to 75 per cent German; (3) German promise to guarantee Czechoslovakia's independence.

Fortnight ago, when British Prime Minister Neville Chamberlain delivered these terms at Godesberg, democracies called it a "sell-out." But to Adolf Hitler even this was not enough. He wanted more land, moreover refused to guarantee Czechoslovakia's future. His deadline for Czech agreement: October 1.

If Der Fuehrer had bluffed too far, if Democracies had scored a point and made Germans wonder about their chancellor's wisdom, it was no stroke of genius on Neville Chamberlain's part. Upshot of Godesberg was a vindication of the British prime minister and swift turning of world sentiment against Germany. But greater upshots were Czechoslovakia's amazingly fast mobilization, France's decision to fight, and London's offer to follow suit.

To London, where only a week before he had helped draft the first proposal, went French Premier Edouard Daladier. Still anxious to keep peace, Europe's last two great democracies offered a new agreement. Terms: Transfer without plebiscite of areas over 50 per cent German; (2) exchange of populations in other areas; (3) international guarantee of Czechoslovakia's independence.

But Adolf Hitler was still ready to bluff. Facing rising anti-war sentiment, forced to show his hand, he summoned countrymen to Berlin's vast Sportspalast, told them his Godesberg terms were final, that Germany's bluff has been backed all along by real strength.

Excerpts: "I can tell you now that I have spent billions for armaments . . . We have created an unparalleled air force and tank force.

REICHSFUEHRER HITLER
Would No. 1 bluffer be outbluffed?

I want to declare regarding the Sudeten problem, that my patience is exhausted . . . The Sudeten Germans will now take the liberty denied them for 20 years."

But at the very moment Der Fuehrer spoke, a world moving swiftly to war knew the eventual lineup of European power would place Germany at disadvantage.

Prague, virtually shut off from the world since her mobilization, heard that Russia's lumbering, untested military giant was poised to bring aid. Thoroughly scared, France called almost every reservist to the colors, had 1,500,000 troops along her Maginot line, advised Parisians to evacuate. Also scared, Britain called Parliament, inspected ARP (air raid precautions) equipment, finally ordered partial mobilization. With October 1 but a few hours away, Europe wondered whether her No. 1 bluffer would be outbluffed by rank amateurs.

Domestic

Hurricanes over the ocean produce a syphon-like effect that draws water to their center, like liquid rising in a straw. This happens not only at the hurricane's heart, but over an area often 100 miles in diameter. Moreover, a hurricane is like a hole in the atmosphere through which low air tries to rush upward at terrific speed, leaving a comparative vacuum into which air from the surrounding higher-pressure areas flows. Result is a counter-clockwise movement of the entire structure.

Such a combination of wind and high water was what struck Long Island, then New England, a fortnight ago. At New York's Fordham university, just off the storm center, its intensity was enough to vibrate the earth at a 10-beat-per-minute throb, recorded on the school's seismograph which usually shows nothing less than an earthquake.

Five days after this suction machine tried to submerge Long Island, went on to drive a wall of water 1,000 feet into Providence, R. I., continued by tearing through the entire New England district before it became lost in the Canadian wilds, rescue workers counted 483 dead. A far greater tragedy than 1937's Ohio river flood, it had received far less attention because all eyes were focused on Europe. (SEE FOREIGN).

With thousands homeless, with damage set at more than $200,000,000 in New England alone, the Red Cross assumed entire rehabilitation responsibility, left federal and state agencies free to rebuild highways, bridges, etc. Largely dissipated was the fear of typhoid, thanks to speedy arrival of serums.

● At Fort Peck, Mont., loose dirt over a 2,000-foot stretch slid down the 200-foot earthen dam, buried nine men working on two dredges and a pump boat at the bottom. Few minutes later a large wave finished rolling across Fort Peck's artificial lake, beaching small craft in the wake of the worst disaster since the dam was started four years ago.

White House

"If you will forgive me for saying so, the United States has been a veritable fortress of silence."

Thus scolded by Beverly Baxter, member of the English parliament, U. S. radio listeners were still content to remain aloof from Europe's boiling cauldron *(See FOREIGN).* Though Franklin Roosevelt's domestic policies might find 50-50 acceptance and refusal by his constituents, most citizens were agreed that his treatment of Europe's crisis was satisfactory, that his Secretary of State Cordell Hull was doing an admirable job.

But as the Old World veered into what was almost certain war, President Roosevelt thought it was time for the fortress of silence to speak. Alone in his study from 10 o'clock to midnight, he drafted a message to Reichsfuehrer Adolf Hitler and Czech President Eduard Benes, then jerked sleepy correspondents from their beds.

Excerpts: "The fabric of peace on the continent of Europe, if not throughout the rest of the world, is in immediate danger . . . The United States has no political entanglements . . . But in the event of a general war (the American people) face the fact that no nation can escape some measure of consequences . . .

"It is my conviction that all people under the threat of war today pray that peace may be made before rather than after war . . . On behalf of 130 millions of Americans and for the sake of humanity everywhere I most earnestly appeal to you not to break off negotiations looking to a peaceful, fair and constructive settlement . . . So long as negotiations continue, difficulties may be reconciled. Once they are broken off, reason is banished and force asserts itself. And force produces no solution for the future good of humanity."

Next day, a German spokesman said the President's message "was sent to the wrong address. Prague is the proper address."

Business

Simpler than ill-fated NRA, the wage-hour law which goes into effect October 24 decrees minimum wages of 25 cents per hour, maximum work week of 44 hours for industries dealing in interstate commerce. But to U. S. employers seeking the law's application to their business, wage-hour regulation has become complex through its simplicity.

Since NRA's greatest weakness was its iron-clad system of regulation, the new act repents, places compliance squarely on the shoulder of industry. Though Administrator Elmer F. Andrews will issue opinions guiding employers in determining their status, he has also pointed out that wage-hour regulations will offer no "pat definition" of interstate commerce.

Thus, last week, firms engaged partly in interstate commerce, partly in intrastate commerce, were at their wit's end. At Chicago, the National Hardwood Lumber association devoted much of its convention time to wondering if sawmill and yard superintendents were subject

ADMINISTRATOR ANDREWS
Less bluster . . . Less coercion

to the law's provisions, if computation of hours begins when a logger starts to the scene of operations or when he starts actual work.

Special industrial wage standards committees will eventually be established for most trades, but lack of funds prevents formation of more than three or four committees this year. Already requested is a deficiency appropriation from next winter's congress to expand this work.

Meanwhile, each employer's independent decision on his compliance requirements looms important. Should a low-paying, long week manufacturer decide his business was mainly intrastate, therefore not requiring compliance, his employees might later prove otherwise and collect back wages.

But, counteracting this inconvenience, employers know that Administrator Andrews' tendency to proceed cautiously will help avoid NRA's bluster and coercion, would probably result in reducing the act to a workable, successful basis.

Miscellany

In 1918, Private Bert Fenning of the famous "Lost Battalion" lost his arm in the Argonne, became a hero. Twenty years later, day before the "Lost Battalion" assembled to commemorate its feat, Private Fenning became a hero again, drowned trying to rescue a swimmer in New York's Long Island sound.

● Nineteen months before he died, Chicago's rich, aged William G. Potts offered Dr. Milton L. Smith $100,000 to give up his practice, keep him alive a year. Having fulfilled his contract, Dr. Smith will get his $100,000 after Magnate Smith's will is probated.

People

At San Diego, Calif., Rifle Manufacturer Arthur W. Savage used another make of gun, ended his life because of "unbearable pain from continued illness."

● At Hollywood, Film Actor Errol Flynn suffered from serious infection of the upper respiratory organs, ran a temperature of 102.2 degrees.

● Dummy Charlie McCarthy won recognition in "Who's Who in America," not for himself but for his mouthpiece, Ventriloquist Edgar Bergen.

Happenings in Point Richmond

Brief Items of Interest to Residents of the Original City of Richmond

By KATHERINE McCRACKEN

Telephone Richmond 691-W

POINT BRANCH STATION OF U. S. POSTOFFICE NOW IN NEW QUARTERS

The Point Richmond Station of the United States Postoffice last Tuesday moved to its new location at 104 Washington Avenue. The opening in the Gilg Building was gala, and the up-to-date, most modern fixtures were set off by many a beautiful bouquet proferred by many of the friends of our popular PointRichmond branch postmistress, Miss Viola Treanor.

In commenting upon the Point Postoffice situation, happy as of this date, we are reminded of the latest installment of Postmaster General James A. Farley's fine symposium on American political life, which is appearing currently in the American Magazine.

In the article Mr. Farley gives a very human portrayal of the emotions which bestir the breast of all Americans in the smaller communities when the long arm of governmental efficiency reaches down into our midst and seeks to divest us of our most cherished institution, our branch postoffice.

The Struggle to Survive

Point Richmond, itself, had a taste of what might have happened to us, at the turn of the year of 1937 had we not awakened the civic conscience here, by mass meeting, by petition, by resolution and endorsement, to save our place on the postal map.

Mr. Farley does not specifically mention the local situation in his article, because the story of Aunt Emma and the Lincoln corner store branch and the fact that he had to discontinue his own local postoffice at Grassy Point, N. Y., were so much more interesting.

But certainly, if ever Point Richmond folks were united it was a year or so ago when we fought for our branch postoffice to be retained. The local citizens committee enlisted the help of everybody from Postmaster General Farley on down, including senators, congressmen, chambers of commerce, development associations and we saved our postoffice.

A Splendid Office

And what a splendid place it is now, in the new location.The most modern fixtures imaginable have been installed under the direction of Inspector W. B. Mouser, who, since his advent here in 1936 under instructions to wipe our branch postal identity aside, has come to know and feel the great boon that our Point Richmond branch station really is, to us. But we appreciate, too, if we may say so with a modicum of 'apple polishing, the intervention of the Postmaster Generale Farley and Howes. Like the other local postoffice mentioned in the Farley article, we suggest we inscribe a suitable plaque, to be placed in the lobby of our A-1 little postoffice, to read somewhat as follows: "Here stands Point Richmond Station of the United States Postoffice through the grace of God and the intervention of Jim Farley."

In so doing we are not unmindful of the sterling effort put forth by our entire citizenship, and especially of the citizen's committee headed by Mr. Walter Paasch, including Mrs. Mary McDuff, Messrs. Alex Elsie, Gust. J. Allyn, Thomas Kenny, and your humble editor. Also Miss Katherine McCracken, who circulated the petitions. Postmaster Leslie J. Thomas, Mrs. Annie Bowen, Mr. Anthony Mazza, and the many others who contributed to the final, much desired, fruition of our efforts.

Make use of our fine branch post office station.

Point Chapter Initiates

The Point Chapter, Order of the Eastern Star, met Thursday night in the Point Masonic Temple and after thte business session presided over by Worthy Matron Ellen Penny and Worthy Patron Phillip Lee, an initiation ceremony was held and two candidates were inducted into the mysteries of the Order.

Mrs. Margret Allyn sang solos during the ceremony in her usual charming manner, and she was accompanied at the piano by Mrs. Violet Hall. At the close of the initiation gave two character renditions acompanied by gestures which were very entertaining.

The members and the guests then marched to the banquet room where a lovely supper was served by Mrs. Elizabeth Smith, Mrs. Claire Schmidt, Mrs. Catherine Odell, and Mrs. Annie Owens.

Mrs. Rose Dingle, president of the Sewing Club, announced that arrangements for the card party to be held on the evening of October 10th have been completed and that fancy work would make up the prizes for the highest scores next Monday evening.

READ THE PROGRESS

ALEX ELSIE PASSES AWAY

One by one the old timers are called. Latest to pass away was Alexander Law Elsie who, for many years, was the leading merchant of Point Richmond. He retired from active business several years ago.

His passing last Sunday was a shock to his friends for the end came quickly after a brief illness.

A native of Scotland, Mr. Elsie came naturally by the nickname "Sandy" in the growing community of Point Richmond.

Funeral services will be held tomorrow, Tuesday, at 2 p.m. at Wilson and Kratzer funeral home services to be conducted by the Point Lodge of Masons of which the deceased was a member. Rev. Clarke Breeze, pastor of the First Presbyterian Church will officiate and pall bearers will be: Walter T. Helms; Gust J. Allyn; John Battaya; L. L. Page; Louis Beckman; and Robert Dornan.

Left to mourn his death are the following relatives. His niece Mrs. Margaret Clark, of Point Richmond; grand-nieces Mrs. Walter J. (Dorothy Clark) Johnson; Mrs. Mildred Clark Bloom; Mrs. Constance Clark Lund, of Washington; Mrs. Margaret Clark Geeslin, of Richmond; grand nephews Harry and Kenneth Clark; Charles Clark of Kansas; Great grand niece Morne Geeslin of Richmond.

The sympathy and condolence of the Progress is extended to the bereaved.

Subscribe to the PROGRESS

QUESTION—
Where can I take my wife and family to Eat?
ANSWER—
Take them to the prettiest Dining Room on The Point.
EAGLE CAFE
57 Washington Avenue
Phone Richmond 1104
Day Dinners 30c
Sundays 50c

Miss Casey Convalescing

The popular assistant in the City Engineer's office, Miss Mary Casey, who has been ill for some time in the Richmond Cottage Hospital has recovered sufficiently to return to her home on Golden Gate avenue. While yet under the doctor's care she is reported improving satisfactorily.

Mr. and Mrs. Carl Appelbaum entertained Mrs. C. A. Odell and daughter, Lois, in their Lake County country home over the last week end.

Now Open . . .
THE BANK CLUB
(MEDO and CAREY)
BILLIARDS • GAMES
BEVERAGES
201 Washington Ave. Pt. Richmond

Mrs. W. Edwards left on Monday accompanied by her nephew, Arthur Owens ofPoint Richmond. Mrs. Edwards will visit with her mother in Los Angeleswhile Master Owens will spend a few days with his brother, Robert Owens.

CRYSTAL WHITE LAUNDRY CO.
Regular Laundry Service and Wet Wash
Shirts finished out of Thrift
Flat Work Ironed—Minimum
10 lbs. for 60c
and Dry Wash .....12c ea.
28 Tenth St., Richmond

COOK THE NEW WAY WITH LOW TEMPERATURE

Most everything you have dreamed of is in the 1939 Low Temperature Gas Range. Immaculate beauty—ample oven-cooking space, smokeless broiler, automatic, better cooking and utmost operating economy.

And what a delight these smart newest of all Gas Ranges are to use. With low temperature cooking, less expensive cuts of meat are cooked to delicious tenderness with healthful vitamin and juice content cooked in—not dried out. Kitchens do not heat up and steam as much as with the rapid forced-cooking. Why not learn all about the better features of the new 1939 Gas Ranges that cook the new way with low temperature? You will find when you use one of these new Gas Ranges that you will save food, save food flavor, save vitamins in food, and save money. Drop in at your dealer's store or this company today.

SAVE $10
OCTOBER 5-15
inclusive
on a Low Temperature Gas Range, costing $129.50 or more

SEE YOUR DEALER
P·G·and·E·
PACIFIC GAS AND ELECTRIC COMPANY
Owned • Operated • Managed by Californians

279w-1039

A "round trip home" for a one-way fare!

LONG DISTANCE telephone service is friendly, human, *personal* communication. It puts you there practically face to face. You talk, and you are *answered*. Nine out of ten Long Distance calls are made ready while you hold the line. The average time for putting through your calls to other cities is only a minute and a half.

THE PACIFIC TELEPHONE AND TELEGRAPH COMPANY
343 Tenth Street Telephone Richmond-1312

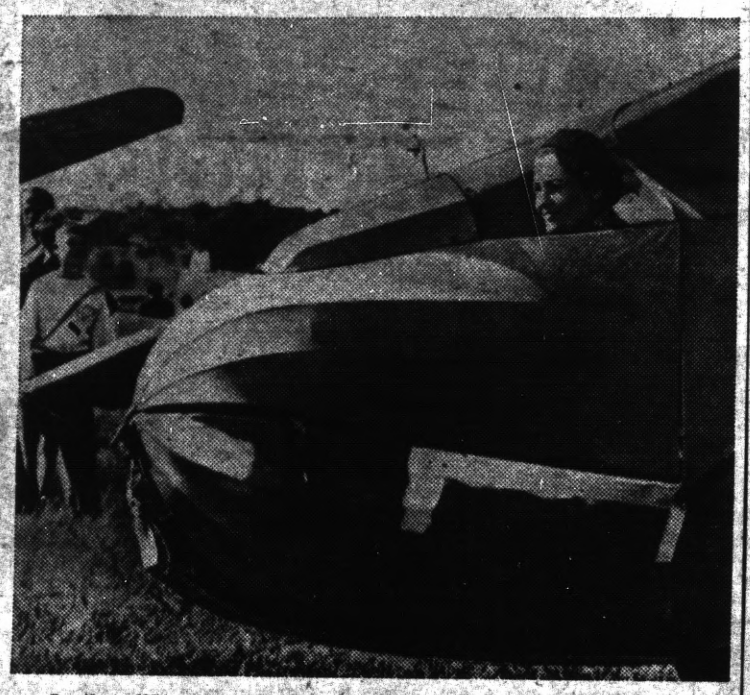
Bowling a la Panda Is Easy and Lots of Fun

Mei-Mei's tenpin style is a little unorthodox, but quite effective. At Chicago's Brookfield zoo she opened the new bowling season with a neat toppling of four pins. Her follow-up—that determined stroll through the maples—will get the rest of the pins, however.

New Radio Compass Proves Efficient

The Eaton radio compass, invention of Warren S. Eaton, was demonstrated recently at Van Nuys, Calif. It is primarily an automatic radio-operated 360-degree compass. When the radio set is tuned to a station the compass needle automatically indicates the direction of the received radio wave. The instrument is not affected by static. The compass demonstrated its ability to furnish information as follows: position relative to a map, other craft in vicinity, flight path and landing fields. It also gives direction of travel, drift angle and information necessary for landing. It is claimed artillery fire can be controlled with the instrument. The picture shows Warren S. Eaton with the radio compass equipment.

Woman Pilot Sets Soaring Record



In the glider above is Helen Montgomery, pretty Detroit girl and the only woman soaring pilot entered in the American open soaring meet at Frankfort, Mich. She set a new American woman's duration record by keeping her motorless craft in the air for 7 hours and 22 minutes.

Typhoon and Flood Visit Japan's Capital

More than a hundred were counted dead, thousands of homes demolished and damage extended into the millions when a typhoon visited Tokyo recently. Downtown shopping districts felt the full force of the typhoon, and heavy storms caused overflowing of nearby rivers, bringing flood waters into crowded areas. These Tokyo residents made use of mat-boats and other improvised means of getting about.

Central Europe's Trouble Spot

Map shows Czechoslovakian districts inhabited by other racial groups. The areas shown in black are largely occupied by Germans and would eventually be ceded to the German Reich under the Anglo-French proposal for dismemberment of Czechoslovakia.

Paddleboard Polo Introduced

First played in Los Angeles is this fast and exciting new aquatic game in which the players can lie down and paddle, stand on their boards to throw the ball and even run across the boards of teammates and opponents to make a pass. There are six players on a team, and anyone who has done surfboard riding can realize the high degree of skill and balance necessary.

Women's W. S. Impr. Assn.

Mrs. R. G. Lee was named as chairman of the outdoor checker-Wes Side Improvement Association held last Monday afternoon at the home of Mrs. Michael Fischer on Tunnel avenue.

At the games played, after the delicous luncheon served by Mrs. Fscher as the hostess, and after the business meeting presided over by the president, Mrs. J. C. Eaton, Mrs. Mary Moyle, Mrs. Fred Hess and Mrs. J. W. McMinimin were awarded prizes. Mrs. J. E. George assisted Mrs. Fischer as co-hostess.

The next meeting of the club is to be held on November 7, at the home of Mrs. Charles Ceridono on Nicholl avenue.

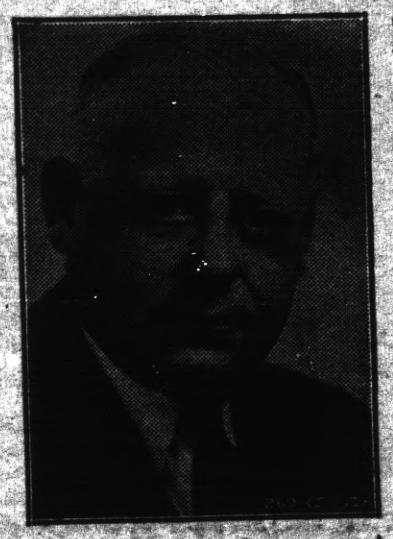
Daughters of Malenthius

Mrs. Marie Ceridono entertained the Daughters of Malenthius at her home on Nicholl avenue last Friday evening. The hostess was assisted by Mrs. Clare Barry and Miss Louie Novarini preided over the business meeting.

Mr. and Mrs. Fred D. Wake of Alvarado street had a surprise visit from their son, Fred, Jr., last week. He came from San Diego where he is stationed on the United States Coast Guard "Itasca. He will remain for a few days, visiting friends.

SUBSCRIBE
To the PROGRESS
Three months for 75c

A Declaration of Principles & Policies



INDEPENDENT
CAPABLE
PROVED
PERFORMANCE

As a candidate for sheriff of Contra Costa County, ifeel the people are entitled to know my attitude on law enforcement and upon policies of public interest and concern.

Well in advance of election day, I am stating them herewith:

1.—I do not favor the enforcement of one law above another. I believe in the enforcement of all laws irrespective of the group or the individuals that may be involved or concerned. I do not believe in special privileged groups.

2.—I recognize there are diversified interests in Contra Costa County—agricultural, industrial, business, labor, small home owners—and that one, as much as the other, is entitled to the protection and the remedies the law affords. I pledge myself to impartial adcinistration of all statutes as they affect or concern each and every group.

3.—I do not believe in a system that hits the LITTLE FELLOWS and lets the BIG FELLOWS go merrily on. In this respect, I pledge myself to a rigid and complete cleaning out of the BIG TIME GAMBLING interests that have flourished so long and I specifically pledge action that will be REAL ACTION against "Black Jack" Jerome, the operator of the El Cerrito dog track and other gambling interests.

4.—I pledge a program of crime prevention will be initiated and that an understanding program of work with juveniles will be followed, based upon the experience that has been mine as school attendance officer of this county. I propose to assign one member of my staff to work with boys, organizing clubs such as have been inaugurated in Pittsburg, where the work has proved so successful.

5.—I propose to seek for deputies of the office; if such is possible as the law is now constituted, civil service ratings that would remove them from the realm of politics.

6.—I pledge appointment of an undersheriff and deputies who will be required to meet rigid standards of moral and intellectual character, affording opportunity to present deputies to quality.

7.—I pledge that the attorney general of the state will never have cause to come into Contra Costa County to enforce the law against BIG FELLOWS in the gambling racket.

8.—I will devote my energies to the operation of the sheriff's office and to that alone and will not meddle.

9.—I will seek to restore active co-operation of police chiefs and constables of the county and the sheriff's office.

10.—I propose to send to the federal G-man school in Washington a member of my staff to have him learn modern, efficient crime detection methods and then have him accord to the balance of my staff the benefits of the schooling he will receive from an organization that has worldwide renown. The federal government holds such service open to county governments. I hold this federal agency in high regard and respect and believe it affords an opportunity that should be embraced. If Scotland Yard can profit from the service of the G-man school, so can Contra Costa County. It is not a program that would be expensive. I am for it, heart and soul.

Do You Really Want the Packets Smashed?

Some of these points can be amplified by a statement of facts, some of which are unknown to the people of the county. Actions always speak plainer and more eloquently than words and for that reason I cite them.

I am unalterably opposed to "Black Jack" Jerome and his type. He is unalterably opposed to me because he knows, if the majority of the people do not, that I am dead against him and his illegal dog track and other illegal interests.

Many of the people know my attitude; many may not. I have made public declarations time and time again before western Contra Costa County organizations of my attitude toward Jerome. I did so in this campaign, and I have publicly stated my position on numerous occasions prior to this campaign.

Jerome's dog track is a brazen disregard of the law. I pledge that I shall wage an unceasing and EFFECTIVE FIGHT against it and its operator. Dog tracks have tried and failed to get into Alameda County. Jerome's illegal business does not have to be tolerated in this county.

Let me say this—there is no illegal venture that can survive the power of the law if the law is turned against it determinedly and unceasingly.

If I am elected sheriff and I fail within 15 days after taking office to move to close the track, providing it is operating, I pledge here and now that I will submit my resignation.

I'm not bluffing; I mean business; Jerome knows it and is fighting me.

I want to tell you some things you have never been told before and I am telling them now because I know the propaganda that is being carried on. I know the paid campaigners are saying that "If Reggiardo is elected, there will be a wide open county." The county is wide open right now.

ACTIONS COUNT; TALK IS CHEAP

As liquor enforcement officer of this county, I made recommendations for the revocation of the liquor licenses of our establishments because they conducted gambling games. Four of them, ALL OF THEM BIG FELLOWS, ONE OF THEM A LICENSE IN WHICH JEROME REPUTEDLY IS INTERESTED. THAT'S A MATTER OF PUBLIC RECORD.

These four establishments are in western Contra Costa County, and the operators of every one of them are fighting me. Does that mean anything to you? How does the propaganda look in the face of that performance?

I also made recommendations for the revocation of liquor licenses that had been obtained by houses of prostitution.

You can anticipate a question that may be asked: Why, then, did he not arrest them? Anyone knows full well that these operators of big gambling establishments are clever enough to keep their gambling rooms away from their bars, and you know that a hearing is required to revoke a license. I did my duty and I did it with a will.

I have said that I believe in law enforcement and I think that Record, NOT TALK, demonstrates it. Particularly, do I mean law enforcement for the BIG FELLOWS, who have been for months and are now operating WIDE OPEN with seeming immunity.

I want to tell you this—never before revealed to the people. When the efforts of other officials failed to close the Willows club near Orinda and after there had been one abortive gambling raid that was followed by "ringers" being foisted on the court, I secured the evidence of liquor law violations that closed the establishment. The proof of this can be supplied by Constable Russell Stow of Walnut Creek.

This is what I want to stress to you. It is against the law for a candidate to offer a job. I have offered none. The people may rest assured that the men I shall have as deputies will be competent and of high moral character. I have in mind a man I desire as undersheriff. I have not offered him the job but if I am elected I propose to seek his services for Contra Costa County. He has not previously been in county service, but is admirably suited for the position through a firm foundation in law and he is not a man engaged in politics.

I hope you will give me credit for this much judgement—that I know I must provide as deputies men of the highest calibre and integrity and that I shall do.

The lack of any organized groups or cliques in my campaign leaves me entirely free of any demands for favors from old or new political organizations.

I make this statement to convey to you my attitude on public policies. If you believe in the program I have outlined, I solicit your support at the November election.

(Signed) ANTHONY REGGIARDO

Elect Anthony Reggiardo Sheriff

Rug From Old Coat And Scraps of Felt

THE directions for making the rug in my book—SEWING, for the Home Decorator, have brought many letters from readers describing rugs that are new to me and very interesting. The reader who shares with us this idea for using pieces of heavy woolen and scraps of felt, tacked her rug to the side of the house and took a snapshot of it which she sent me.

The finished rug is 34 by 23 inches. Half of it is shown here

at the upper left. The foundation (1) is made of the back width of a very heavy old coat. An allowance was made for a hem to add weight to the edge. The foundation may be pieced if a large section of heavy cloth is not available or felt purchased by the yard may be used for it.

Next, circles of felt in two colors, cut from old hats and discarded school pennants, are sewn together with heavy black thread as at A. These are then sewn in place as at B beginning at the center of the foundation. The large circles in the three center rows are two inches in diameter. Those in the next two rows are 2½ inches. All the small circles are one inch.

You can make slipcovers, all types of curtains and many other things for the house with the help of Book 1—SEWING for the Home Decorator. Just follow the pictures. Step by step you learn to make the lovely things you have been wanting for your home. Book 2—Gifts, Novelties and Embroidery—illustrates 90 stitches; also dozens of things you can make in your spare time to use or to sell. Books are 25 cents each. If you order both books leaflet on crazy-patch quilts will be included free. Address: Mrs. Spears, 210 S. Desplaines St., Chicago, Ill.

HELP KIDNEYS YOUR

For 25c Coin or Stamps I will mail you a recipe to prepare a simple tea at home from a vegetable rich in iron and potash at a cost of less than one cent per day that is giving relief to a multitude of sufferers.

John Alden Standish, Monrovia, Calif.

Way of Thought

Man is a thinking being, whether he will or no. All he can do is to turn his thoughts the best way. —Temple.

WNU—12 40—38

Makes FALSE TEETH FIT Snug

DENTUR-EZE CUSHION Plastic

NOT A POWDER OR PASTE!

For all plates: new, old, partial or temporary. The only cushion-like material of its kind! Allows you to eat steaks, apples, corn-on-the-cob, etc. Eliminates rocking, dropping, chafing. Eat, talk, laugh, sing without embarrassment. One simple application lasts 20 times longer than old-style powders. Order DENTUR-EZE now! Money-back guarantee.

50c INTRODUCTORY OFFER

Write or use this convenient form

Name

Address

City State

Star Dust

★ *Seal Steals Show*
★ *Tyrone Power Leads!*
★ *Infant Publishers*

By Virginia Vale

IT BEGINS to look as if the various actresses who refused to play the heroine in "Spawn of the North" were smart girls. They probably remembered that it's dangerous to work in a picture with a clever animal, because nine times out of ten the animal steals the picture.

Mention "Spawn of the North," to someone who has seen it, and he—or she—won't reply: "Wasn't the battle between the salmon fishers and the pirates exciting?" or exclaim over the icebergs or the salmon run or the excellent performances of John Barrymore and Lynne Overman. Not if he—or she—runs true to form. The exclamation points will all be for the trained seal, Slicker.

—*—

Another animal who became a star overnight is the terrier who played "Asta" in "The Thin Man." He'll appear with Constance Bennett in "Topper Takes a Trip," a sort of sequel to "Topper."

—*—

Tyrone Power is gathering bouquets from those who know about band leaders for his performance in

TYRONE POWER

"Alexander's Ragtime Band." A little group of musicians was discussing it recently, and they said that he wasn't merely standing up there and waving a baton, as movie stars whose role require them to turn band leader usually do. They maintained that he was actually leading the band.

—*—

Elaine Carrington was put gently but firmly in her place recently by her son and daughter (Robert, aged ten, and Patricia, aged fourteen). Mrs. Carrington, in case you don't know, is one of radio's most successful writers; for years she has done the script for "Pepper Young's Family," which is broadcast on two nation-wide hook-ups, on Monday and Friday mornings and afternoons.

But—Patricia and Robert are now publishing a magazine, "The Jolly Roger," (at their mother's expense), and getting contributions from friends and family. The only stories that they've insisted on having re-written, (and they didn't like even the re-written versions too well,) are those by the famous Elaine Carrington!

—*—

ODDS AND ENDS—Two of radio's most promising young singers, Marie-Louise Quevli and Felix Young, have just recorded an album of Jerome Kern's music . . . The "Alice in Wonderland" skating sequence in Sonja Henie's new picture, "My Lucky Star," makes the picture worth seeing: the rest of it isn't quite up to her usual standard . . . Don't miss "You Can't Take It With You"; in some respects it's better than the stage version that New York raved over!

© Western Newspaper Union.

Fashion Embarks on Wild Color Career in Fall Garb

By CHERIE NICHOLAS

FASHION is about to go on a great color spree. For that matter the new clothes have already started out on a mad color career that promises to outcolor even the most colorful seen for many a year.

Not that this color orgy writes finis to the simple black foundation dress that provides such dramatic setting for stunning costume jewelry and for accessories that splash color accents in vivid highlights. No indeed! The black dress with dashes of color is holding its own.

The intriguing thing about the colors exploited this season is that they are distinctively out of the ordinary.

The colors heard most about and seen dramatized throughout Paris collections are the purples and plums, the mauves and violets and fuchsia shades. In fact the entire gamut of violine shades is run. Comes next in the limelight the much talked of teal blue and fog blue and that rapturous blue made famous in the ever-beloved Blue Boy portrait painting. In fact, we are to enjoy a season of "blues" that are subtle and lovely beyond description.

The suit of refined elegance which you see pictured to the right in the picture is made of an imported wool in an exquisite scarab blue tone. It is trimmed with sheared beaver, a fur which is very much in use this fall. Self bows tie at the collar and belt, which is significant for much emphasis is given to tie-fastenings throughout current costume design. Two wide bands of shirred, matching silk are set into the top part of the dress underneath.

Wine dregs is a shade that is making special appeal with American women. There are also a number of fascinating greens in the present fashion spectrum, notably bronze, hunter, laurel and tapestry greens. Autumn rust and coppery tones are also going big.

Coats are yielding to color to a surprising degree. Leading stores are devoting entire window displays to coats in purples and deep plum or wine-dreg tones. These are superbly colorful and with opulent furs present about the handsomest array of coats ere seen.

As to the gorgeous plaid or striped wool coats so outstanding in the new fashion picture, the only way to resist them is to close your eyes and flee their color glory. Better still, why not make up your mind to indulge in a richly colorful plaid or striped (fashion favors both) wool coat at the very start? The striped coat centered in the group above reflects rich autumnal colors that take on an added note of luxury in a trim of luxuriant fur.

The swank jacket suit pictured to the left abounds in color intrigue. The color formula adopted is blue spruce and dark brown. The dress, the trimming on the coat and the hat are of lightweight woolen in the subtle blue spruce. The short swagger coat is brown in a new deep pile wool that looks velvety and soft. The velvety wool weaves are among the smartest shown this season and fashion is placing considerable emphasis on them.

© Western Newspaper Union.

Fashion Notes

Winter coats with hoods will be seen when the snow flies.

Enliven a dark, conservative suit with blouses in gay colors.

The ideal street costume for fall wear is the three-piece suit.

Bonnets, blouses and skirts are being made of matching suede.

The really fashionable woman is particular about her accessories.

Grape is a shade which you will be hearing much about as the new season advances.

Feathers for hats, wraps and even lingerie will be much in evidence this fall and winter.

Day dresses for fall show a tendency to wider flared skirts with accentuated hip lines.

The feminine lingerie effect is not limited to blouses and vestees but frequently characterizes the whole dress.

Those little sailor hats with the ribbons under the chin have a smattering of followers, especially among the younger girls, and for 12 to 20 the motif is just right.

When evening comes the range of beautiful furs and designs is complete from white fox to white Russian ermine. The foxes, from red to white, blue and silver, will be extremely smart for fall evenings in boleros, box-jackets and capes of many lengths from the elbow to the floor itself.

TO BE CONTINUED

Mrs. Goldbrick—Dear me, we must leave Paris tomorrow and we are only up to page 24 of the guidebook.

Mr. Goldbrick—Mark the page, and we'll start in next year at the place on 25.

"Put yourself in his place," says a lecturer. But the wise girl prefers putting him in his place.

Well, Isn't It?

"Zoup, sir?" asked the waiter.

"I don't know what you're talking about," said the diner.

"Well, you know what hash is? Zoup is looser."

CONSTIPATED?

Here is Amazing Relief for Conditions Due to Sluggish Bowels

Nature's Remedy NR TABLETS

If you think all laxatives act alike, just try this all vegetable laxative. So mild, thorough, refreshing, invigorating. Dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation.

Without Risk get a 25c box of NR from your druggist. Make the test—then if not delighted, return the box to us. We will refund the purchase price. That's fair. Get NR Tablets today.

NR TO-NIGHT TOMORROW ALRIGHT

ALWAYS CARRY A FEW LIKE CANDY TUMS

QUICK RELIEF FOR ACID INDIGESTION

Doubling Joy

Every man rejoices twice when he has a partner of his joy.—Taylor.

NERVOUS?

Do you feel so nervous you want to scream? Are you cross and irritable? Do you scold those dearest to you?

If your nerves are on edge and you feel you need a good general system tonic, try Lydia E. Pinkham's Vegetable Compound, made *especially for women*.

For over 60 years one woman has told another how to go "smiling thru" with reliable Pinkham's Compound. It helps nature build up more physical resistance and thus helps calm quivering nerves and lessen discomforts from annoying symptoms which often accompany female functional disorders.

Why not give it a chance to help YOU? Over one million women have written in reporting wonderful benefits from Pinkham's Compound.

Obedient First

He who obeys with modesty appears worthy of being some day a commander.—Cicero.

"Black Leaf 40" KILLS LICE

OUR "Cap-Brush" Applicator makes "BLACK LEAF 40" GO MUCH FARTHER

JUST A DASH IN FEATHERS.. OR SPREAD ON ROOSTS

A Shortcoming

It is a great evil not to be able to bear an evil.—Bion.

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery.

Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength.

Other signs of kidney or bladder disorder may be burning, scanty or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use *Doan's Pills*. Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!

DOAN'S PILLS

CLASSIFIED DEPARTMENT

BUS TRANSPORTATION

Free Meals and Pillows
Lowest Fares to All Points
ALL AMERICAN BUS LINES INC.
For information consult your local agent or
Los Angeles: 629 S. Main TR. 0951
San Francisco: 40 Eddy EX. 2986

COFFEE

BUY Coffee by Mail. "Fancy Kona or Bogota 4 lbs. $1." 3 lbs. pure Java and Mocha $1.00 post paid in berry or ground to suit. Money refunded if not satisfied. Consumer Wholesale Co., 1613 3rd Ave., San Diego.

MACHINERY

DRIVER Tools—South Bend Lathes, Radial Saws—All shop equipment. Catalog sent free—Liberal Terms. The A. J. Giesener Co. —975 Bryant St., San Francisco.

MAGAZINES

SMALL STOCK MAGAZINE — America's leading magazine devoted to commercial and fancy rabbit industry. Introductory, year 50c; sample 10c. Dept. P, Lamoni, Iowa.

PERSONALS

Beauty Secrets Free!
Write today for Lady Gatha's intimate beauty secrets. Fascinating FREE booklet tells how to gain and retain exquisite CHARM thru Lady Gatha's time-tested beauty aids—famous for 21 years. Now introducing new "Laboratory-to-Customer" sales plan—offering Lady Gatha's unique Treasure Chest containing twelve alluring beauty essentials at LESS THAN HALF PRICE on 5-day free inspection offer . . . Rewards ambitious women who will tell their friends. No selling. Remember, "Beauty Secrets" booklet is absolutely FREE—no obligation whatsoever. Write for it today, to LADY GATHA, 420 Market Street, San Francisco, California.

ADDRESS POSTCARDS, 2½c each paid in advance. Everything supplied. Send stamp. Columbine Mailing Service, Box 237, Denver, Colo.

ANY girl in trouble or distress apply to Mrs. Colonel S. Harris, the Salvation Army Headquarters, 115 Valencia St., San Francisco.

PHOTO FINISHING

Any Kodak Roll Developed and Printed 20c—1 GUARANTEED print each good negative. Reprints 2c
Wholesale Kodak Finishing Co. Box 116 Sugar House, Salt Lake City, Utah

PIPE

SAVE ON PIPE
VALVES — FITTINGS
Tested reconditioned pipe at attractive prices. Write for prices and booklet.
PACIFIC PIPE CO.
207 Folsom St. San Francisco

SAN FRANCISCO HOTELS

TRAVELER'S HOTEL
255 O'Farrell St. near Powell
$1.50 TO $2.50 PER DAY
Nothing Higher
FREE GARAGE

Mountains in Norway

Judging from the standpoint of other mountainous lands, Norway has no high mountains. Norway has an average height of 1,600 feet, as compared with 1,000 feet for Europe as a whole. The high figure is due, not to the great height of individual summits, but to the almost complete absence of lowlands. The Norwegian coastline is cliffbound almost throughout. The highest peaks in Norway are east of the great Sogne fjord, in the mass known as the Jotunheim. Glitterkind has an altitude of 8,140 feet, including its snow cap, and Galdhoppigen reaches 8,097 feet.

Furs Worn by Royalty

In the civilization of medieval Europe fur was emphatically a luxury. As such its use was forbidden by the church to monks and to all but the highest ecclesiastics. Among the laity it was carefully regulated by severe laws. None but those of royal blood were allowed to wear certain furs and in general a person's social importance could have been estimated by the amount and nature of the fur he wore.

Aztec in Name Only

There have never been any Aztecs at the Aztec Ruins National monument, New Mexico. Early settlers in the Animas valley, who had heard of the Aztec Indians of Old Mexico, bestowed this name, it is believed, upon the site of the ancient Pueblo ruins, says a department of the interior bulletin. The picturesque ruins date back at least to 1110 A. D., according to proof furnished by three-ring chronology.

Farm School

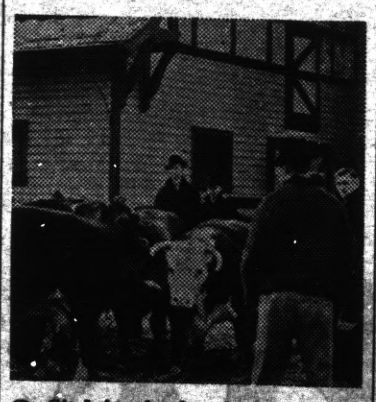
To give young men of the farms a broad educational contact enabling them to be better farmers and better citizens, is the purpose of the "farm folk school" instituted by the college of agriculture at the University of Wisconsin.

The school term runs from the middle of November to the middle of March. The full course requires two years but many go back for the third and fourth. Average age of the 300 students is 22 years, ranging from 19 to 26 years and older. Entire cost of the course, including food, shelter and tuition, comes to $97.50, with medical care also provided.

There are no entrance requirements. The course of study is built around social and cultural needs as well as vocational interests of young farmers. Economics, history, socialogy and political science are studied, as well as farm subjects.

Wisconsin is only one state developing special training for its farm youth, but it offers an excellent example of this type of training. By such methods America is safeguarding the future of her most important industry, agriculture.

1 In the laboratory, Wisconsin farm students learn how to test milk. Dairy study also includes figuring yields, detecting common adulterants of dairy products and operation of dairy equipment.



2 Studying beef and steers is an important phase of study. Barns and buildings are used to show students how various operations on the farm may be correlated.

3 After the day's work, students get together for some community music in the group participation field. Above, "Down on the Farm" is being "rendered," with music furnished by fellow students.

WHAT to EAT and WHY

C. Houston Goudiss Relates the Romance of Wheat and Discusses Flour, the Basic Food

By C. HOUSTON GOUDISS

THE story of wheat flour is the story of civilization. Before man learned to cultivate this golden grain, he was obliged to move from place to place, with the seasons, in search of food to sustain and nourish his body.

Then, on one happy and momentous occasion, perhaps 6,000 years ago, an inspired nomad plucked the kernels clustered at the top of some waving grasses, observed that they had a nut-like taste, and passed along the far-reaching discovery to his fellow-tribesmen.

The beginnings of wheat cultivation are lost in antiquity. But we do know that for thousands of years, it has been one of the most important crops in the world—so necessary to man's well being that the supplication, "Give us this day our daily bread," has summed up his most fervent desires.

Food for the World

Today, nearly three quarters of a billion people use wheat as food. And modern methods of milling have developed flours of such superlative quality that breads are more appetizing and more attractive than ever before; special flours make cakes and pastries light as the proverbial feather; and there are prepared mixes available for biscuits, waffles, muffins, griddle cakes, pie crust and gingerbread.

For Energy and Vitality

The form in which wheat flour makes its appearance on the table is of less importance than the fact that it is and should be an essential item in the family food supply. That is because it offers a rich supply of fuel value at little cost. The different types of flour contain from 61 to 76 per cent carbohydrates, from 11 to 15 per cent protein, and varying amounts of mineral salts and vitamins.

It is necessary to know something of the structure of the wheat kernel and to understand how the various flours differ, in order to select the flour best suited for each purpose. A kernel is made up of several outer layers of bran; a layer of cells high in phosphorus and protein, just inside the bran; the endosperm, composed of cells in which starch granules are held together by proteins; and the germ. **The starch cells are so small that one kernel of wheat may contain as many as 20,000,000 granules.**

White and Whole Wheat Flours

White flour is made chiefly from the endosperm. Whole-wheat, entire-wheat and graham flours are loosely applied terms which refer both to products made by grinding the wheat berry without the removal or addition of any ingredient, and also to a flour from which part of the bran has been removed or to which bran has been added.

One of the most prolonged discussions of the last two decades has involved arguments for and against the use of white or whole wheat flour in making various types of bread and muffins. As a result, many people have been confused and misled—often at the expense of their enjoyment in meals.

Here are the facts: White bread contains important energy values, proteins, some minerals, chiefly potassium and phosphorus, and when made with milk, it also supplies some calcium. It is easily and almost completely digested, tests indicating an average digestibility of 96 per cent.

Bread and other bakery products made from whole wheat flour also contain proteins and carbohydrates, plus good amounts of iron, copper, phosphorus and potassium; and vitamins A, B and G.

The whole grain products are less completely digested than those which are highly refined, however, so some of their nutrients may be lost to the body.

When the two types of flour are considered as sources of protein and energy alone, they are regarded by nutritionists as practically interchangeable. Whole wheat flour is conceded to be richer in minerals and vitamins, but where white bread is preferred, these elements easily can be supplied from other sources.

As a matter of fact, foods made from both types of flour belong in the well-balanced diet, where they add variety and splendid food values at minimum cost. And it goes without saying that for many purposes, only white flour is suitable.

Bread Versus Pastry Flour

Different types of wheat differ in their proportions of protein and carbohydrates, and that accounts for the difference between bread and pastry flours. Bread flour is made from wheat containing a large amount of gluten, which gives elasticity to a dough and helps to make a well-piled loaf. Pastry flour contains less gluten and more starch and has a lighter texture that produces fine-grained cakes. All-purpose flours, as their name implies, are usually a blend of different types of wheat and are designed for general household use.

A Symbol of Progress

It is a tribute to American enterprise that the world's largest flour mills are now to be found in this country, and that tremendous staffs of technicians and research chemists supervise every step in the preparation of the flour which may pass through as many as 17 grindings and be subjected to 180 separations.

Experts begin by checking the quality of the grain while it is in transit to the mill. But their work does not end when the flour emerges pure white in color and unbelievably fine in texture, after having passed through silk bolting cloths of 100 mesh or finer. After that, there are baking tests, day after day, to be sure that every sack which is sold is of uniformly high quality.

Self-Rising Flours

An interesting development of recent years has been the self-rising flours and other ready-to-use mixtures. Some of these contain only a leavener; others include dried milk and eggs; fat; and baking powder, so that only a liquid is needed. All are planned to save the homemaker's time and maintain her family's interest in their most important energy food—the products of wheat—the foremost cereal grain.

Questions Answered

Mrs. F. B. L.—Flour should be stored in a moderately cool, dry, well ventilated place, and should be protected from vermin and insects. It should not be exposed to excessive heat, nor to freezing temperatures.

Miss F. B.—You are right! Rye flour is next to wheat in popularity, though it is usually mixed with wheat in making bread. Flours or meals are also made from potatoes, bananas, soy beans, lima beans, buckwheat, barley and rice, though the percentage is small compared to the amount made from wheat.

©—WNU—C. Houston Goudiss—1939—31.

Add Note of Color to Your Dainty Linens

Pattern 6032

These bluebirds have a charm all their own. Cross stitch them in soft colors (shades of one color or varied colors) on scarf, towels, pillow cases, or cloths and enjoy the pride of possession! Pattern 6032 contains a transfer pattern of 12 motifs ranging from 4¾ by 15 inches to 1⅛ by 1½ inches; illustrations of stitches; materials required; color schemes.

To obtain this pattern, send 15 cents in stamps or coins (coins preferred) to The Sewing Circle, Household Arts Dept., 259 W. 14th Street, New York, N. Y.

Please write your name, address and pattern number plainly.

CARTWRIGHT HOTEL
Finest Downtown Location in SAN FRANCISCO
FRONT DOOR GARAGE SERVICE
$2.00 Single $3.00 Double
524 Sutter Street at Powell

For Better Production, Feed—
the concentrates that pay dividends to California agriculture!
And that means—
EL DORADO
Coconut Meal 20% Protein
Linseed Meal 32–35% Protein
Good for dairy cattle—range stock—turkeys—poultry—sheep.
EL DORADO OIL WORKS
311 California St. • San Francisco
Plants at Berkeley and Oakland
Exclusive Distributors of
A-D-M HP Soybean Meal—44% Protein

READ

the

RICHMOND PROGRESS

"The Friendly Newspaper That Dares to Tell The Truth"

3

months

75c

SPEAKING OF BIRDS . . .

● *There's really no blue or green in their feathers, but sun rays, rain or a blue sky can make our nesting friends colorful as a peacock!*

Prepared by National Geographic Society, Washington, D. C.—WNU Service.

THERE is no blue pigment in the feathers of birds; neither, with rare exceptions, is there any green. The only pigment colors in ordinary birds' feathers are reds and yellows and blacks, and all the other colors are due either to a combination of these or to the superficial structure of the feathers overlying some other pigment.

Blue feathers, for example, contain only brown or blackish pigment overlaid by a layer of prismatic cells which reflect only blue light rays. Sometimes the structure is that of minute pits on the surface of the feathers. When they become filled with water during a rain, they lose their refractive power, and the birds, apparently, change from blue to white, as in the tropical swallow tanagers.

Again, the blue color is due to minute air spaces in the superficial layer of cells, just as the blueness of the sky is due to minute dust particles, and the blueness of the milk on the boarding house table to the minute cream droplets. So long as our blue birds remain between us and the source of light, they are not blue birds at all and therefore may go unnoticed.

Yellow birds are usually conspicuous because our eyes are very sensitive to yellow. But many birds have a blue-producing structure overlaid by a yellow pigment, so that the combination sends green light to our eyes. Then we say these birds are green. Wet the back of a parrot and it becomes brown, or scratch the surface of one of the green feathers with a knife and a dark mark is left. This is not because any green pigment is scratched off, but because the yellow and the prismatic cells have been removed and the dark layer beneath exposed.

But there seem to be many red birds among these tanagers and finches. Why do we not see them more often? Certainly we have no trouble seeing a red traffic light—indeed, most of them seem to be that color when we are in a hurry. There are some reds, such as the iridescent throats of the humming birds, for which the structure of the feathers is responsible. But most reds, such as those of the tanagers and finches, are due to pigment, and they register as red under all light conditions. To be really effective, however, the red must be exposed to direct sunlight.

Should a scarlet tanager alight in the middle of a sunlit lawn or a cardinal fly across the open space in a garden, either bird would attract attention, but most of the time they are sitting among the shadows of green leaves, where they are poorly lighted. The sunlight is reflected from the leaves more readily than from the birds, especially since our eyes are peculiarly sensitive to greens.

Winter Markings

During the winter many birds have their conspicuous marks veiled by gray edges to the feathers. These edges break off during the spring, exposing the color underneath. The male house sparrow, for example, in winter seems to have only a narrow line of black on his throat, because the rest of his black cravat is concealed by the gray tips of the feathers, which break in April.

Red finches display no such gray edges to the feathers. But upon examining a feather with a lens, one will find that the red pigment occurs only in the main branches of the leaflike structure, the parts called the shaft and the barbs, while the more minute branches, or barbules, are gray. As these barbules wear off, the barbs with their color become more exposed and the feathers apparently get brighter. Thus the red finches (the purple finch, house finch, and redpolls) apparently brighten as spring advances.

Thus the summer tanager male remains red throughout the year, and so do the cardinal, the purple finch, the pine grosbeak, and the crossbills. The yellow evening grosbeak never becomes gray like his mate, once he has acquired maturity, though the male goldfinch does.

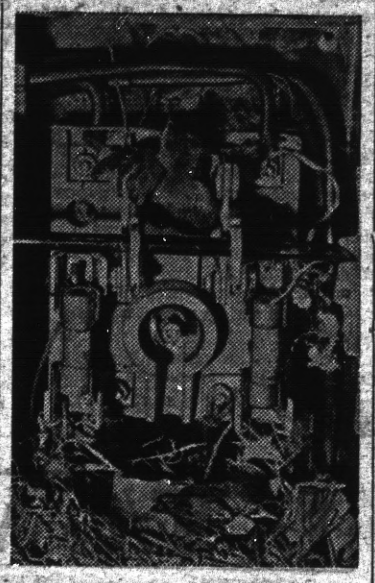
No one has yet advanced a satisfactory explanation for these differences in seasonal styles among the males, but the inference is that the females are dully colored so as not to attract attention to the nest. Usually the brilliantly colored males in this family never assist in incubating the eggs, but even here there are exceptions, as in the rose-breasted and black-headed grosbeaks. Males of these birds not only sit on the eggs, but even break all rules of bird conduct by singing as they do so.

A picture of evening grosbeaks at Whitefish Lake, Mich., taken with telescopic lens. The camera has aided man immeasurably in his study of bird life.

Grosbeak Mortality

Whether because of the singing, or because of the bright colors of the incubating male, or because of the general fragility of the nest, there is a relatively high nest mortality among the rose-breasted grosbeaks, and some years very few young are reared. Then the species becomes scarce, because grosbeaks are not so persistent about renesting as are some other birds.

There is no one place in North America where all of the birds here mentioned can be found. The pyrrhuloxia, hepatic tanager, beautiful bunting, and Sharpe's seedeater, for example, are not found very far north of the Mexican border.



For their nest in the west, a pair of enterprising Los Angeles sparrows selected an electric switch box which the owner immediately shut off to prevent electrocution. Two fledglings are shown above, in their novel nest.

The lazuli bunting, black-headed grosbeak, western tanager, rosy finch, house finch, green-backed and Lawrence's goldfinches are birds of the Pacific coast and the Rocky mountain region, while the rose-breasted grosbeak, scarlet tanager, and indigo bunting are primarily birds of the eastern United States.

It is difficult to explain why each species has a restricted summer home when it is free to come and go as it pleases and often migrates extensively. It is still more difficult to explain how this whole group of birds got into North America originally. Certain of them, such as the tanagers, the cardinals, the blue, rose-breasted, and black-headed grosbeaks, and the "buntings," have close relatives in Central and South America and none in the Old world. Hence, we feel that our species came originally from the south.

Animals, Birds, Insects Have Odd List of Cries

It is almost impossible to give a complete list, but here are some of the more common cries of animals, birds and insects, notes a writer in the Cleveland Plain Dealer: Apes gibber, asses bray, beetles drone, bears growl, cats mew and purr, chickens peep, cocks crow, cows moo or low, deer bell, doves coo, ducks quack; eagles, vultures, peacocks scream; flies buzz, frogs croak, geese cackle and hiss, grasshoppers chirp, hens cackle and cluck, horses neigh and whinny, hyenas laugh, jays and magpies chatter, lions and tigers roar and growl, mice squeak and squeal, monkeys chatter and gibber, owls hoot and screech, parrots talk, pigeons coo, pigs grunt, squeak and squeal; sheep and lambs baa or bleat, snakes hiss, swallows twitter, turkey cocks gobble, wolves howl.

It is interesting to note what some of these animals symbolize. For instance: Ape, malice and lust; ass, stupidity; bear, ill temper; bee, industry; cat, deceit; dove, innocence; eagle, majesty and inspiration; fly, insignificance; hen, maternal care; horse, speed and grace; lion, noble courage; owl, wisdom, and the wolf, cruelty and savage ferocity.

BEDTIME STORY

By THORNTON W. BURGESS

CHATTERER JUMPS FOR HIS LIFE

IT ISN'T very often that Chatterer the Red Squirrel knows fear. That is one reason that he is so often impudent and saucy. But once in a while a great fear takes possession of him, as when he knows that Shadow the Weasel is looking for him. You see he knows that Shadow can go wherever he can go. There are very few of the little people of the Green Forest and the Green Meadows who do not know fear at some time or other, but it comes to Chatterer as seldom as to anyone because he is very sure of himself and his ability to hide or run away from danger.

But now as he clung to a little branch near the top of a tall pine tree in the Green Forest and looked down at the big sharp teeth of Buster Bear drawing nearer and nearer, and listening to the deep, angry growls that made his hair stand on end. Chatterer was too frightened to think. If only he had kept his tongue still instead of saying hateful things to Buster Bear! If he had known that Buster could climb a tree! If only he had chosen a tree near enough to other trees for him to jump across! But he had said hateful things, he had chosen to sit in a tree which stood quite by itself, and Buster Bear could climb. Chatterer was in the worst kind of trouble and there was no one to blame but himself. That is usually the case with those who get into trouble.

Nearer and nearer came Buster Bear and deeper and angrier sounded his voice. Chatterer gave a little frightened gasp and looked this way and looked that way. What should he do? What could he do? The ground seemed such a terrible distance below. If only he had wings like Sammy Jay! But he hadn't.

"Gr-r-r-r!" growled Buster Bear. "I'll teach you manners! I'll teach you to treat your betters with respect! I'll swallow you whole, that's what I'll do. Gr-r-r-r-r!"

"Oh!" cried Chatterer.

"Gr-r-r-r-r!" I'll eat you all up to the last hair on your tail!" growled Buster, scrambling a little nearer.

"Oh! Oh!" cried Chatterer and ran out to the very tip of the little branch to which he had been clinging. Now if Chatterer had only known it Buster Bear couldn't reach him way up there because the tree was too small at the top for such a big fellow as Buster. But Chatterer didn't think of that. He gave one more frightened look down at those big teeth, then he shut his eyes and jumped—jumped straight out for the far away ground!

It was a long, long, long way down to the ground and it certainly looked as if such a little fellow as Chatterer must be killed by such a jump. But Chatterer had learned from Old Mother Nature that she had given him certain things to help him at just such times and one of them is the power to spread himself very flat.

Nearer and nearer came Buster Bear, and deeper and angrier sounded his voice.

He did it now. He spread his arms and legs out just as far as he could and that kept him from falling as fast and as hard as he otherwise would have, because being spread out so flat that way the air held him up a little. And then there was his tail, that funny little tail he is so fond of jerking when he scolds. This helped him, too. It helped him keep his balance and keep from turning over and over.

Down, down, down he sailed and landed on his feet. Of course he hit the ground pretty hard and for just a second he quite lost his breath. But it was only for a second and then he was scurrying off as fast as a frightened squirrel could. Buster Bear watched him and grinned.

"I didn't catch him that time," he growled, "but I guess I gave him a good fright and taught him a lesson."

© T. W. Burgess.—WNU Service.

Know Thyself

By Dr. George D. Greer

ARE CROSS-EYES EVER THE RESULT OF NERVOUSNESS?

DRS. W. H. FINK and B. Brungelson, of Minneapolis, recently disclosed to the Ophthalmists of America the results of a survey they have made of school children who are cross-eyed and who are always "squinting" the eyes. They found a close relationship between these conditions and general nervousness, and especially as related to handedness. In 60 per cent of the cases, they found that the child had started out in life left-handed, and had been forced to change to right-handedness. They believe this abnormal strain which follows such a shift of handedness is responsible for much cross-eyes and for much "squinting" found among school children. Stuttering also is often caused by this same shift.

Copyright—WNU Service.

Far Flung Fires

Smoke from the Phillips and Hinckley forest fires in Wisconsin in 1894 was so dense on the Great Lakes that it interfered seriously with the movement of vessels. During the Silverton fire of 1865 in Oregon the air was filled as though with a dense fog and there were eight to ten inches of ashes on the burned areas, which covered probably 1,000,000 acres. Settlers in Silverton read newspapers at night by the light of this conflagration, says the American Wildlife institute. The year 1910 is historic throughout the West as one of unprecedented forest fires. Washington and Oregon lost millions of acres. The wind was so strong that in some cases the fire was actually blown out. Smoke was sighted 300 miles out at sea and a British ship reported the smell of smoke 500 miles west of San Francisco and a haze interfering with nautical observations for more than a week.

RICHMOND PROGRESS

"The Friendly Newspaper That Dares to Tell The Truth"

Entered as second-class matter at the Post Office at Richmond, California, March 15th, 1935, under the Act of March 3, 1879 Sec. 4460 of the Political Code by the Superior Court of Contra Costa County, State of California

Harry R. Burt, Editor and Publisher

Published Every Monday at 24 W. Richmond Av., Richmond, California

Member of the California Newspaper Publishers Association

The RICHMOND PROGRESS is a continuation of and entitled to all the rights of the POINT RICHMOND PROGRESS. Estab. 1933. Subscription rates: $2.00, the year; $1.25, six months; 75c, 3 mos.

'Talking Dog' Uses Big Words—for a Dog

Acme News Picture

Pat, a three year old Boston bull terrier owned by Frank Elliott of Chicago, is reported to be able to carry on telephone conversations with an understandable vocabulary of about 14 words, including "yes," "no," "out," "eat," and "I want my mama." His owner says that Pat first began to talk when eight months old. A veterinary attributes Pat's conversational ability to an enlarged larynx.

... and Los Angeles

Reno, Nev., is farther west than Los Angeles, Calif., by about one ...

Subscribe to the PROGRESS

Area of Turkey

Turkey has a total area of 294,492 square miles of which 9,231 are in Europe and 285,231 are in Asia.

U. S. Bars Many Plant Pests

About 500 varieties of plant pests are barred by the United States.

Vesuvius Potash Utilized

Vesuvius, the famous volcano, yields potash which is employed in agriculture.

READ THE PROGRESS

YOUNG'S FURNITURE EXCHANGE

217 Standard Ave.
POINT RICHMOND

Phone Richmond 1916

Furniture Bought, Sold, Exchanged

WOLFFS & CO.

Expert Watch and Jewelry Repairing

Credit Jewelers

920 Macdonald Ave.

Large Stock of all kinds of Jewelry, Plate, Etc. on Hand

The utmost in Service and Courtesy

Phone Richmond 3338

Grand Garage

130 STANDARD AVE.
Complete Auto Repair
Battery & Tire Service
100% Standard Gas and Oils
Phone . . . . . Richmond 1356
John Zacharias • Ed Wendl

MIRA VISTA

DAIRY PRODUCTS COMPANY

The Oldest Contra Costa County Owned Dairy Established 1898

WHOLESALE AND RETAIL

MILK and CREAM

CHEESE—BUTTER and EGGS

DELIVERY—DIRECT FROM PRODUCER TO YOU

Phone Enterprise 10997 You are Invited to Inspect Our Dairy on Road 20—San Pablo

Read it in the PROGRESS

LEGAL NOTICE

NOTICE TO CREDITORS
No. 9698

In the matter of the estate of JOHN ALEXANDER, Deceased.

Notice is hereby given by the undersigned Administratrix with the Will Annexed of the estate of John Alexander, deceased, to the creditors of, and to all persons having claims against said decedent to file them, with the necessary vouchers, in the office of the clerk of the Superior Court of Contra Costa County, State of California, or to exhibit them, with the necessary vouchers, to the said Administratrix at the law office of Harold F. Sawaltsch, American Trust Building, Richmond, California, the same being designated as the place of business in all matters connected with said estate, within six months after the first publication of this notice.

Dated, September 6, 1938.

LUCY A. ALEXANDER,
Administratrix with the Will Annexed of the estate of John Alexander, Deceased.

Publ. Sept-12-19-26, Oct-3-10

LEGAL NOTICE

NOTICE TO CREDITORS
No. 9717.

In the Matter of the Estate of ANTONIO NAVONE, also known as A. NAVONE, Deceased.

Notice is hereby given by the undersigned, Administrator with the Will Annexed of the Estate of Antonio Navone, also known as A. Navone, deceased, to the creditors of, and to all persons having claims against said decedent to file them, with the necessary vouchers, in the office of the clerk of the Superior Court of Contra Costa County, State of California, or to exhibit them, with the necessary vouchers, to the said Administrator at the law offices of Harold F. Sawaltsch, American Trust Bldg., Richmond, California, the same being designated as the place of business in all matters connected with said estate, within six months after the first publication of this notice.

Dated, September 26, 1938.

JULIO MARIO NAVONE
Administrator with the Will Annexed of the estate of Antonio Navone, also known as A. Navone, deceased.

Publ. Sept-26, Oct-3-10-17-24

Bobcat Is Destructive

The bobcat preys upon antelope deer and other game animals, especially the fawns, and on wild turkeys, quail and other ground-nesting birds. It has been known to be exceedingly destructive to domestic live stock, especially to sheep during the lambing season, to pigs, goats, calves and poultry.

Watches Once Small Clocks

Watches originally were small clocks and were worn hung from the girdle because they were too large for the pocket.

Conquering Difficulties

The wise and the active conquer difficulties by daring to attempt them.

Living Successfully

Live so that your yesterdays may be blessings, your todays opportunities, and your tomorrows, rewards.

Our Forefathers

Our forefathers may have had lower standards of comfort, but they did possess far higher standards than we of thankfulness and content.

Subscribe to the PROGRESS

In The WEEK'S NEWS

ENGLAND AND FRANCE YIELD TO HITLER—Hitler's demand for annexation of the Sudeten areas in Czechoslovakia has been accepted in principle by both England and France. Chancellor Hitler is shown passing beneath Standards during a recent review of his Storm Troopers.

GOOD NEIGHBOR FLEET—Emmet McCormack, eldest member of the shipping firm of Moore-McCormack Lines, Inc., managing agents of the American Republics Line of the United States Maritime Commission, which will begin October 3 operation of the first de luxe steamship service between New York, Rio de Janeiro, Montevideo and Buenos Aires.

PLAIDS FOR FALL—The colorless model, worn by Irene Dunne, is pale pink lava crepe with matching plaids here and there. The skirt-length shows a special green lining with plaid slips of green and yellow. A red-and-yellow felt hat is a fashion fillip.

AMERICA'S IDEAL COLLEGE GIRL—Mary Grabhorn of Blue Ridge College, 17-year-old college girl, enjoying a cup of coffee at luncheon which followed her selection as "America's Ideal College Girl," in a contest sponsored by Eastern Colleges. Judges selected her from over 1,000 entries.

MOTHER OF TRIPLETS—Mrs. Paul Grimm, of Steubenville, Ohio, 18-year-old wife of a 19-year-old truck driver, gave birth to triplets, two girls and a boy, born recently. The babies shown with their mother, weigh 10 and a half pounds (combined weight) and were reported "doing nicely."

TURNESA NEW U. S. AMATEUR GOLF CHAMPION—William Turnesa, winner of the U. S. Amateur Golf Championship at Oakmont, Pa., shows the trophy to Miss Mary O'Connor at the Silver Hills Country Club.

AS COMIC ARTISTS SEE THE WORLD

BIG TOP "Silk," the ringmaster, seeking revenge for the elephant's attack on him, has forbidden "Speed" to give her any water. — **By ED WHEELAN**

MESCAL IKE By S. L. HUNTLEY — **That Makes It Even**

LALA PALOOZA — The Society Page Missed Something — **By RUBE GOLDBERG**

KEEPING UP WITH THE JONESES' — Being a Hero Has Its Advantages — **By POP MOMAND**

POP— Home Training's Responsible — **By J. MILLAR WATT**

HARMONY OF BODY MIND AND SPIRIT

By Taniz Tanagra

JUST REMEMBER

You are as young as your thoughts and your spine.

When the body is tense the blood cannot circulate freely and is therefore hampered in its work.

To allow your mind and soul peace and relaxation as well as your body.

Your thoughts are mirrored in your face. Cosmetics will not cover them . . so think beauty if you wish to be beautiful.

Beauty of face and figure may be denied to some . . but charm may be cultivated by all.

When you have nothing to say . . be silent.

Gossip brings real happiness to no one.

Others find no interest, stimulation, or inspiration, in those who wear the cloak of self-piety.

To listen with interest when another is speaking.

There is a magnetic charm about one who is calm, whose gestures are expressive, whose words carry a definite thought.

Happy people always get in step and keep in step . . with the March of Life.

Mrs. Wade Elected Head of Richmond War Mothers

Mrs. Mary Wade, a Point Richmond matron has been elected president of the Richmond chapter of War Mothers. The election was held in Memorial Hall on Thursday afternoon. The installation will take place on November 3, Thursday, when Mrs. Anna Lautenschlager will yield the gavel to Mrs. Wade.

This organization will hold a whist party on October 20th in the Memorial Hall under the direction of Mrs. Cole and Mrs. Redding.

A social hour was enjoyed after the adjournment of the business session.

READ THE PROGRESS

Monday Bridge Club

Mrs. Leroy Alexander entertained the Monday Bridge Club at her home on Piedmont Place last week. Mrs. David Owens of Klamath Falls, Oregon, was the honored guest. After the games were over refreshments were served by the hostess.

A number of friends gathered at the home of Mrs. C. B. Forbes at her home on Arizona street on Saturday evening and spent the time in playing bridge. Refreshments were served by the hostess after the games were closed and prizes awarded for the highest scores to C. O. Bryant, J. P. Downey, C. A. Patterson, Mrs. Jack Heath, Mrs. C. B. Forbes, and to Mrs. C. A. Patterson.

Others who participated in the pleasures of the evening were: Mrs C. O. Bryant, Mrs. N. S. Stephens, Mrs J P Downey, Jack Heath and the host. C. B. Forbes.

SHERIFF MILLER'S FRIENDS PREDICT VICTORY

MARTINEZ, Oct. 3—Friends of Sheriff Miller moved vigorously forward this week with the opening of the final drive in all sections of the County.

Leading the field in the Primary by 2,910 votes, the Sheriff has been busy consolidating his votes. He has been advised by friends that the general election could result in a landslide in his favor, but has disregarded such optimism in favor of a campaign of hard work for the November election.

Offices are opened in Richmond at 1124 Macdonald Avenue under the direction of O. J. Ripley and at Pittsburg, Sal Cardinalli is again in charge.

The sheriff will take to the air with a series of radio broadcasts over KROW and he will deliver a group of five ten-minute dinner table talks on each Friday night at 6:15 o'clock from now on until the election, also on Monday night preceding the election.

Mrs. R. G. Little is seriously ill at her home on Santa Fe Avenue. She has a trained nurse in attendance and every effort is being made for her comfort. Mrs. Little is a Point Richmond pioneer and greatly loved by the community. We all hope for her speedy recovery.

The death of a relative called Mrs. J. F. Steifvater to Modesto this week. That thriving California city was the former home of Mrs. Steifvater.

Trinity Guild Dinner

The dinner given by Trinity Guild Tuesday evening was very largely attended by members and friends of the local Episcopal Church. Dean Shires of the Divinity School in Berkeley was the speaker of the day and chose as his subject one of universal that of the Holy City of Jerusalem. The Dean is an orator of more than ordinary ability and made a marked impression on his audience. Mr. Coburn Olson, who has charge of the services at Trinity introduced the speaker. And Mr. Olson has a promising future as his sermons at Trinity indicate.

Subscribe to the PROGRESS

DRESSES : COATS : SUITS
Cleaned and Pressed
Cash and Carry
75c
Pants 40c
Cords 40c
Sweaters 40c
Cleaned and Dipped
RICHMOND CLEANING WKS.
229 Macdonald Avenue
Phone Richmond-621
All Work Strictly Guaranteed

FRANK and JIGGS at
THE BASE HIT
Grace Bros. Beer
Fine Wines & Liquors
512 MACDONALD AVE.

YOU CALL 'EM
and WE MAKE 'EM
THE MALT HOUSE
12th and Macdonald Avenue

F. W. ARMSTRONG
ROOFING CONTRACTOR
Repairing a Specialty—Free Estimate
Fully Insured on Old and New Roofs
RICHMOND 2639

Dresses, Coats and Suits
Cash and Carry
Cleaned, Pressed 75c
PANTS 40c
CORDS 40c
SWEATERS 40c
Cleaned and Dipped
HERMANS
Cleaning & Dyeing Wks
267 Sixth Street
Phone Richmond 1160
100 Per Cent Union Shop

HEAR
SHERIFF
John A. Miller
AT
6:15 p.m.
FRIDAY, October 14, 21, 28
Nov 4th and Mon. Nov. 7
KROW

O A POULSEN
Jeweler
WATCH INSPECTOR FOR SANTA FE & S.P.R.Y.'S
822 MACDONALD AVE.
OPP. FOX THEATRE

1½c A MILE
RAIL-BUS
SAN FRANCISCO—LOS ANGELES—SAN DIEGO
INTERMEDIATE POINTS

★ STILL LOWER rate on round trips. Tickets are good on Santa Fe Trains, including the streamlined, air-conditioned 'Golden Gate' and 'San Diegan' and in new streamlined air-conditioned buses. Only one low fare ticket required. You may travel by train or bus all the way or transfer from one to the other as often as desired (*offers convenient schedules for stopovers or travel from exclusive train points to exclusive bus points or vice versa*).

Santa Fe Station
410 Tenth St., Phone Rich. 2420
RICHMOND

7-70

santafe TICKET OFFICES & TRAVEL BUREAUX

"Unbeatable Combination"
A perfect wife to cook your meals and a perfect grocer—
WHITESIDE'S
to furnish the groceries for your wife.
155 West Richmond Ave. ● Phone Rich. 985
ONE OF THE UNITED GROCERS

PHONE RICHMOND 430
RICHMOND BEVERAGE COMPANY
G. R. SANTA ROSA BEER
Grace Brothers Famous Brew "HAS THE FLAVOR"
22nd St. off Macdonald ● Richmond, Calif.
DAY AND NIGHT SERVICE

McRacken's
STORE FOR MEN
1011 MacDonald Ave.

FRED F. BREWEN
The Point Richmond Contractor
Carpenter ● Builder
Plans and Estimates Cheerfully Given to Interested Parties
85 Park Place—Phone R-3458

COMPLETE SERVICE
In our Funeral Home there is strict adherence to every anticipated need. The comfort and dignity you find here is not governed by the price you pay.
DAY and NIGHT AMBULANCE SERVICE
WILSON & KRATZER
SEVENTH & BISSELL ● Telephone RICHMOND 112

LIBERTY MARKET
110 Washington Avenue ● Tel. Richmond 1346
FREE DELIVERY
GROCERIES — FRUIT — VEGETABLES
MEAT — DELICATESSEN
LIQUOR — BEER — WINE
BEST IN TOWN

Drink Milk for Good Health—
Milk is acknowledged the best Health Drink in America. Richmond folk can be sure that American Creamery Milk is highest standard of purity blood-building vitamin content, handled with most sanitary equipment under strictest supervision.
American Creamery Company
262 FIFTH STREET PHONE RICHMOND 382